

401.The One True Helper

The musical score is written for a four-part choir (Soprano, Alto, Tenor, Bass) in 3/4 time, with a key signature of one flat (B-flat). The melody is primarily in the Soprano and Alto parts, with the Tenor and Bass parts providing harmonic support. The lyrics are arranged in four lines, corresponding to the four parts of the choir. The first line of lyrics is: '1.Praise ye the Lord, His praise pro claim, And, O my soul, bless thou His Name;'. The second line is: '2.Trust not in man who soon must die, But on the li - ving God re - ly;'. The third line is: '3.His truth unchanged shall e - ver stand, He saves fromstrong op - pres - sion's hand,'. The fourth line is: '4.Thy God shall reign for e - ver-more, PraiseHim, O Zi - on, and a - dore;'. The music consists of two systems, each with a vocal line (Soprano/Alto) and a bass line (Tenor/Bass). The first system covers the first four lines of lyrics, and the second system covers the next four lines. The music ends with a double bar line.

1.Praise ye the Lord, His praise pro claim, And, O my soul, bless thou His Name;
2.Trust not in man who soon must die, But on the li - ving God re - ly;
3.His truth unchanged shall e - ver stand, He saves fromstrong op - pres - sion's hand,
4.Thy God shall reign for e - ver-more, PraiseHim, O Zi - on, and a - dore;

Yea, I willsound His praise a-broad And e - ver bless the Lord, my God.
Most blest the man whose help is He That made the heav'n and earth and sea.
In Him the sad a hel-per find, He feeds the poor and heals the blind.
The Lord is heav'n's e - ter - nal King, To Him all praise and ho - nor bring.